

King Henry VIII School Sports Centre

HALF TERM – FEBRUARY 2012

Monday	07:00 – 08:00	Lane Swim
13/02	08:00 – 09:00	Adults Only
	17:00 – 18:00	Adults Only
	18:00 – 19:00	Aquacise*
	19:00 – 22:00	Adults Only
Tuesday	07:00 – 09:00	Adults Only
14/02	15:00 – 17:00	Family Swim
	17:00 – 18:00	Adults Only
	18:00 – 19:00	Masters Swimming*
	21:00 – 22:00	Adults Only
Wednesday	07:00 – 08:00	Lane Swim
15/02	08:00 – 09:00	Adults Only
	17:00 – 18:00	Adults Only
	19:00 – 22:00	Adults Only
Thursday	07:00 – 09:00	Adults Only
16/02	15:00 – 17:00	Family Swim
	17:00 – 18:00	Adults Only
	18:00 – 19:00	Masters Swimming*
	19:00 – 20:30	Adults Only
Friday	07:00 – 08:00	Lane Swim
17/02	08:00 – 09:00	Adults Only
	16:00 – 19:30	Family Swim
	19:30 – 22:00	Adults Only
Saturday	08:00 – 09:00	Masters Swimming*
18/02	09:00 – 15:30	Family Swim
	15:30 – 17:00	Adults Only
Sunday	08:00 – 09:15	Lane Swim
19/02	09:15 – 11:30	Family Swim
	12:30 – 16:00	Adults Only

Fitness Suite is open only during the above sessions

Please check with instructors regarding classes during the holiday period

Additional sessions in **BOLD** / * Indicates additional fee